



On 6th of November 2016, **Namas** Making a Difference Council invited all students to attend the **Heart to Heart Charity Walk**, an annual charity walk organised by Children's Heart Foundation, to raise awareness about heart diseases and collect funds for children suffering from them. It was a great opportunity to



make a lasting difference to someone's life, and we did! 10 students from South Island School, Sparsh Goyal, Karine Leung, Yuk Ting Hua, Moet Nakayama, Estee Leung, Christine Ra, Karina Poon, Apple Lau, Aditya Chandra and Sneha Puri, completed the walk. One of us also had their pet dog walk with us! We managed to donate a total of **\$1800** to support families that cannot afford heart disease treatment for their children.

It was an **eye-opening, stress relieving** and **extremely enjoyable** experience for us. We came to know more about the heart, had some leisure time to ourselves, and did many fun activities, such as collecting stamps and finding words that join up to make a quote.

In the upcoming weeks, Namas House will be holding a MaD Week to highlight the work done by **Children's Heart Foundation** as well as raise funds for the organisation. Please stay on the lookout for any new things going on in these few weeks!

